

Tecnica Pianistica 001

-Posicion de Mano y fortalecimiento de dedos-

P.Schlesinger

C Mayor

Piano

The image shows a piano exercise in C Major. It consists of two staves, Treble and Bass clef, with a grand staff bracket on the left. The exercise is in 4/4 time and features a series of chords and arpeggios. The right hand starts with a C major triad (C-E-G) and moves up stepwise to F-A-C. The left hand starts with a C major triad (C-E-G) and moves down stepwise to F-A-C. The exercise is repeated five times, with fingerings 1-2-3-4-5 indicated for the right hand and 5-4-3-2-1 for the left hand.

Db Mayor

The image shows a piano exercise in D-flat Major. It consists of two staves, Treble and Bass clef, with a grand staff bracket on the left. The exercise is in 4/4 time and features a series of chords and arpeggios. The right hand starts with a D-flat major triad (D-flat-F-A) and moves up stepwise to G-B-D. The left hand starts with a D-flat major triad (D-flat-F-A) and moves down stepwise to G-B-D. The exercise is repeated five times, with fingerings 1-2-3-4-5 indicated for the right hand and 5-4-3-2-1 for the left hand.

Sugerencias de Practica

- 1) Tome siempre la digitacion dada para cada mano, sin importar la tonalidad.
- 2) Realice el ejercicio ejercitando los dedos iguales de cada mano ej: 1 con 1 (pulgare con pulgare) 2do con 2do (indice con indice), etc. 8 veces po dedo en articulacion staccatto
- 3) Utilice mtronomo lento entre 55 y 60
- 4) Realice el ejercicio en diversos relieves y tonalidades por el teclado, utilizando siempre la misma digitacion para las primeras 5 notas de una escala mayor.
- 5) Despues de realizar el ejercicio en una tonalidad dada, descanse la mano abra y cierre la mano y deje caer los hombros relajando espalda y antebrazo
- 6) Realice esta rutina de fortalecimiento e independendia en su practica diaria

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Jazz y Mucho Mas